









ALEX FORSYTHE





### ATTRACT BIRDS



#### TO YOUR FEEDERS







### How can I attract birds to my yard?

Bird watching is one of the most enjoyable ways to interact with nature. All you need is a bird feeder and some patience and a number of beautiful feathered friends will come to you! Best of all, it doesn't matter if you are in the city or country. Anyone can bird watch!

Ideally, you will want to create a bird-friendly habitat in your yard. When landscaping, use plants that provide food and shelter for the birds. Include a water feature if possible. A list of bird-friendly plants can be found at MidwestBirdWatching.com.

Next, you will need to make some decisions. Which birds frequent your area during each season? Of those birds, which ones would you like to attract? What is your bird-feeding budget? Do you have time to clean the feeders regularly and change the water frequently? Have you researched the type of feed and feeder your favorite bird prefers?

Once you have made those decisions, it's time to set up your bird feeding station, grab a pair of binoculars, and enjoy!



BLUEBIRDS PREFER MEALWORMS



CARDINALS PREFER SUNFLOWER



GOLDFINCHES PREFER NYGER

#### CHOOSING THE RIGHT







DRIED MEALWORMS



SHORTENING/CORNMEAL/ PEANUT BUTTER MIXTURE



HOMEMADE HUMMINGBIRD NECTAR



TO LEARN HOW TO MAKE YOUR OWN HUMMINGBIRD NECTAR AND THE SHORTENING/CORNMEAL /DEANLIT BUTTON GO TO MIDWESTBIRDWATCHING.COM

### What should I feed the birds?

With so many types of bird food on the market, it is easy to become overwhelmed. The first step is to determine the types of birds that are common in your area during each season. Of those birds, which birds do you want to attract? Then look at the chart on MidwestBirdWatching.com to determine the type of feeder and food you need.

Although you should try to use the highest quality seed possible, there are times that the best may be the worst. For example, Baltimore Orioles love grape jelly, but if you use a high quality jelly, they will get spoiled and refuse to eat the cheaper brands later. You'll also discover that homemade nectar and mixtures will be some of the birds' favorite foods.



INEXPENSIVE GRAPE JELLY



**PEANUTS** 



HIGH QUALITY MIXED SEED

### CHOOSING THE RIGHT







- (1) AESTHETICALLY PLEASING TO YOU,
- (2) DESIGNED FOR THE TYPES OF BIRDS YOU WISH TO ATTRACT, AND
- (3) EASY TO CLEAN AND MAINTAIN.

FOR MORE INFORMATION ABOUT THE DIFFERENT TYPES OF FEEDERS, GO TO: MIDWESTBIRDWATCHING.COM



### SAFETY













### REMEMBER!

- 1. CHOOSE THE LOCATION OF YOUR FEEDERS AND BIRD BATHS CAREFULLY. THEY SHOULD BE LOCATED NEAR TREES SO THE BIRDS CAN TAKE COVER, BUT NOT AMONG TALL GRASSES OR BUSHES WHERE PREDATORS, LIKE THE NEIGHBORHOOD CATS, CAN HIDE.
  - CLEAN THE FEEDERS REGULARLY TO PREVENT DISEASE
  - 3. CHANGE THE WATER DAILY

## Can feeding the birds cause more harm than good?

Offering high quality food to the wild birds can be very beneficial. However, without proper maintenance, it can also turn deadly.

Diseases can spread rapidly among feeder birds. It is very important to clean the bird feeders regularly. Seed and fruit get moldy quickly, especially after a rain. Jelly dries out and traps insects and debris.

Choose feeders that are easy to clean and maintain. That way, you are better able to care for them properly.

Clean water is also very important. Stagnant water attracts disease-carrying mosquitoes and is unhealthy for birds. Change the water daily, if possible.

Location is also important. Place the feeders so that the birds can safely dine without becoming dinner for predators.



### PREFERENCES



#### OF COMMON FEEDER BIRDS

American Goldfinch Thistle (also called Nyjer or Niger), Sunflower, Millet

Baltimore Oriole Grape jelly, oranges (sliced)

Black-capped Chickadee Sunflower, peanuts, suet, peanut butter mix, safflower

Blue Jay Sunflower, corn, peanuts, suet, peanut butter mix, milo

Carolina Chickadee Sunflower, peanuts, safflower, suet, peanut butter mix, millet

Dark-eyed Junco Millet, sunflower, cracked corn, suet, peanuts

Downy Woodpecker Suet, peanut butter mix, sunflower, peanuts

Eastern Bluebird Mealworms

Hairy Woodpecker Peanuts, suet, peanut butter mix, sunflower

Mourning Dove Cracked corn, sunflower, millet, safflower, peanuts

Northern Cardinal Millet, sunflower, safflower, cracked corn, peanuts, suet

Red-winged Blackbird Sunflower, cracked corn, millet

Rose-breasted Grosbeak Sunflower, millet, safflower, suet

Ruby-throated Hummingbird Hummingbird nectar

White-breasted Nuthatch Peanuts, suet, peanut butter mix, safflower, millet, sunflower



# For more information, go to MidwestBirdWatching.com



This booklet is a simple overview. The website includes a more thorough examination of birds:

- Identification
- Feeders
- Predators
- Food preferences
- Recipes
- Birding locations
- Bird-friendly plants
- Resources
- Bird checklist
- and much more!



## ON THE WEBSITE



BEST BIRDING LOCATIONS



NEST BOXES



TOOLS YOU NEED



BIRD-FRIENDLY PLANTS

QUESTIONS? CONTACT ME AT INDY.BIRD.LUVR@GMAIL.COM

